

BSC Calendar September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed for Labor Day	3 10:15 Enh. Fitness 10:30 Open Sew/Paint	4 9:30 HBB 10:30 Open Sew/Paint 10:30 Quiddler	5 10:15 Enh. Fitness 10:30 Open Sew/Paint 10-11:30 Nurse Clinic 11 Romeos 12:30 Brown Bag + Drug Takeback 12:45 Bingo	6 9:30 Enh. Fitness 11:00 Brunch
9 10:30 COA Meeting 2:00 Dominoes 4:00 Mocktails + Games 5:30 BSC Cafe	10 10-2:00 TRIAD Health and Safety Expo 10:15 Enh. Fitness 10:30 Open Sew/Paint 12:30 Poet's Seat: Falls Prevention Talk	11 9:30 HBB 10:30 Open Sew/Paint 10:30 Quiddler	12 10:15 Enh. Fitness 10:30 Open Sew/Paint 10:30 Sewing Workshop 11:00 Romeos 12:45 Bingo	13 9:30 Enh. Fitness 9:30 Van Trip: Hager Famer's Market 11:00 Brunch 11:45 Senior Express
16 2:00 Quiddler 4:30 Debi Spyre 5:30 BSC Cafe	17 10:00 Tea Time 10:15 Enh. Fitness 10:30 Sewing Workshop 11:00 Heart Healthy Talk 1:00 LifePath: Care Giver Services	18 9:30 HBB 10:30 Open Sew/Paint 10:30 Quiddler 1:00 Mobile Food Bank 4:30 WW "Health Care Options"	19 9:30 Foot Clinic 10:15 Enh. Fitness 10:30 Open Sew/Paint 11:00 Romeos 12:45 Bingo	20 9:30 Enh. Fitness 11:00 Brunch 11:45 MyArt Company: Heart to Art Go4Life Family Fun Walk tomorrow! (9/21, 12:30pm)
23 2:00 Skip Bo 3:00 Veteran's Services 4:30 Ron Smith 5:30 BSC Cafe	24 10:15 Enh. Fitness 10:30 Open Sew/Paint 12:30 MyArt Company: Landscapes 1-2:30 Senior Savvy (at Stratton Manor)	25 9:30 HBB 10:00 Ask the Nutritionist 10:30 Open Sew/Paint 10:30 Quiddler	26 10:15 Enh. Fitness 10:30 Open Sew/Paint 10-11:30 Nurse Clinic 11:00 Romeos 12:45 Bingo 6:00 Vino & Van Gogh	27 9:30 Enh. Fitness 9:30 Van Trip: Hinsdale Walmart/Pete's Seafood 11:00 Brunch 11:45 MyArt Company: Heart to Art
30 2:00 Pitch 4:30 Pat & Tex LaMountain 5:30 BSC Cafe				