



**BERNARDSTON**  
Senior Center

# THE BSC IS THE PLACE TO BE!

AUGUST 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> 10:15 Enh. Fit. 10:30 Open Sew & Paint 11:00 ROMEOS 12:30 Brown Bag & Drug Takeback <b>12:30 Farmers Market Coupons</b> 12:45 Bingo	<b>2</b> 9:00 COA Meeting 9:30 Enh. Fit. <b>11:00 Brunch - week 1 menu</b>
<b>5</b> 2:00 Quiddler 4:30 Music w/Dusti Dufresne 5:30 BSC CAFÉ	<b>6</b> 10:15 Enh. Fit. 10:30 Open Sew & Paint <b>12:30 Ice Cream Social</b> <b>1:00 Home Care Presentation</b>	<b>7</b> 9:30 HBB 10:30 Open Sew & Paint 10:30 Quiddler	<b>8</b> 10-11:30 Nurse Clinic 10:15 Enh. Fit. 10:30 Open Sew & Paint 11:00 ROMEOS 12:45 Bingo 3:00 Caregivers Support Group	<b>9</b> 9:30 Enh. Fit. <b>9:30 Rockridge Farm Stand w/ BSC brunch.</b> <b>11:00 Brunch - week 2 menu</b> <b>11:45-1:45 Painting Workshop: Sunrises &amp; Skies In-between</b>
<b>12</b> 2:00 Skip Bo cards 4:30 Music w/Ron Smith 5:30 BSC CAFÉ	<b>13</b> 10:15 Enh. Fit. 10:30 Open Sew & Paint <b>5:30 Kiwanis Senior Picnic Social Hour</b> <b>6pm Ham &amp; Baked Bean Supper</b>	<b>14</b> 9:30 HBB 10:30 Open Sew & Paint 10:30 Quiddler	<b>15</b> 9:30 Foot Clinic 10:15 Enh. Fit. 10:30 Open Sew & Paint 11:00 ROMEOS 12:45 Bingo	<b>16</b> 9:30 Enh. Fit. <b>11:00 Brunch - week 3 menu</b>
<b>19</b> 1:30-4:15 Dominos 4:00 Games & Mocktails 5:30 BSC CAFÉ	<b>20</b> <b>10:00 Tea Time</b> 10:15 Enh. Fit. 10:30 Open Sew & Paint <b>1:00 Senior Express (New!)</b>	<b>21 CLOSED</b> ALL ACTIVITIES AND MEAL CANCELED <b>1:00 Mobile Food Bank</b> (will continue as scheduled)	<b>22 CLOSED</b> ALL ACTIVITIES AND MEAL CANCELED	<b>23 CLOSED</b> ALL ACTIVITIES AND MEAL CANCELED <b>9:30 Hinsdale Walmart &amp; Town Line Ice Cream</b>
<b>26</b> <b>2:00 Pitch (New!)</b> 4:30 Music Dennis & Megs 3-4 Veteran's Services 5:30 BSC CAFÉ	<b>27</b> 10:15 Enh. Fit. 10:30 Open Sew & Paint	<b>28</b> 9:30 HBB 10:30 Open Sew & Paint 10:30 Quiddler Game 11:00 Shirley Thompson 12:30 Ice Cream Social <b>1:00</b> Diabetes Cooking Demo <b>4:30</b> Wellness Wed. Incontinence Causes & Treatments. <b>5:30</b> Supper	<b>29</b> 10-11:30 Nurse Clinic 10:15 Enh. Fit. 10:30 Open Sew & Paint 11:00 ROMEOS 12:45 Bingo	<b>30</b> 9:30 Enh. Fit. <b>11:00 Brunch - week 1 menu</b>