

# February 2019 *Healthy Heart Month*

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Valentines Day Thursday, Feb 14</b>		<b>Circuit Breaker Income Tax: Wednesdays Feb 6—April 13th.</b>	<b>1</b> <b>9:00 COA Meeting</b> 9:30 Enh Fit. 11:00 Brunch Bistro
<b>4</b> <b>2:00 “Left Right Ctr.” dice game</b> 2:45-3:45 HBB <b>4:30 Farley String Band</b> 5:30 BSC Evening Cafe	<b>5</b> 10:15 Enh. Fitness 10:30 Sewing, painting, etc.	<b>6</b> <b>9:15-2:30 Circuit Breaker Taxes w/ Don Grybko</b> 9:30 HBB 10:30 Sewing, painting, etc. 10:30 Quiddler game	<b>7</b> 10:15 Enh. Fitness 10:30 Sewing, painting, etc. 11:00 ROMEOS <b>12:30 Brown Bag &amp; Drug Take Back</b> 12:45 Bingo	<b>8</b> 9:30 Enh. Fit. <b>9:30 Stop and Shop w/ brunch at Senior Ctr.</b> <b>10:00 Steve Damon “Name that Tune”</b> 11:00 Brunch Bistro
<b>11</b> <b>1:30 DOMINOS</b> 2:45-3:45 HBB <b>4:00 “Happy Hour”... Mocktails &amp; Games!</b> Includes “Left Right Ctr.” dice game (before supper) 5:30 BSC Evening Café	<b>12</b> <b>10:00 SPECIAL TEA TIME... All invited!</b> 10:15 Enh. Fitness 10:30 Sewing, painting, etc.	<b>13</b> <b>9:15-2:30 Circuit Breaker Taxes w/ Don Grybko</b> 9:30 HBB 10:30 Sewing, painting, etc. 10:30 Quiddler game <b>4:30 Wellness Wed. “Respiratory Health” by Poet’s Seat Health Ctr. Van available.</b> <b>5:30 Supper provided by Poet’s Seat</b>	<b>14</b> <b>10-11:30 Nurse Clinic</b> 10:15 Enh. Fitness 10:30 Sewing, painting, etc. <b>11:00 ROMEOS &amp; Shirley Thompson Valentine Party!</b> 12:45 Bingo <b>3:00 Caregiver Support Group</b>	<b>15</b> 9:30 Enh. Fit. 11:00 Brunch Bistro <b>11:30-2:00 Acrylic Painting Workshop</b>
<b>18</b> <b>CLOSED</b>  <small>© Can Stock Photo - csp12392318</small>	<b>19</b> 10:15 Enh. Fitness 10:30 Sewing, painting, etc. <b>12:45-2:30 Crafternoon Fun! Workshop</b>	<b>20</b> <b>9:15-2:30 Circuit Breaker Taxes w/ Don Grybko</b> 9:30 HBB 10:30 Sewing, painting, etc. 10:30 Quiddler game <b>12:30 &amp; 1:30 SHINE</b>	<b>21</b> <b>9:30 Foot Clinic</b> 10:15 Enh. Fitness 10:30 Sewing, painting, etc. 11:00 ROMEOS 12:45 Bingo	<b>22</b> 9:30 Enh. Fit. <b>9:30 Hinsdale Walmart Lunch at Denny’s Pantry, Greenfield</b> 11:00 Brunch Bistro
<b>25</b> <b>2:00 “Left Right Ctr.” dice game</b> 2:45-3:45 HBB 3-4 Veteran’s Services <b>4:30 Dennis &amp; Megs</b> 5:30 BSC Evening Café	<b>26</b> 10:15 Enh. Fitness 10:30 Sewing, painting, etc.	<b>27</b> <b>9:15-2:30 Circuit Breaker Taxes w/ Don Grybko</b> 9:30 HBB 10:30 Sewing, painting, etc. 10:30 Quiddler game	<b>28</b> <b>10-11:30 Nurse Clinic</b> <b>10:00 Help Save the Ocean one Bag at a Time! Sewing Workshop</b> 10:15 Enh. Fitness 10:30 Sewing, painting, etc. 11:00 ROMEOS 12:45 Bingo	